



Albany Youth Basketball Association

COVID-19 Preparedness Plan

September 2020 (Updated October 29, 2020 and January 4, 2021)

This plan has been developed with the guidance of Minnesota Department of Health's COVID-19 Sports Guidance for Youth and Adults, and Albany Area Schools.

PRACTICES

This section applies to preseason workouts (October 2020), early season practices (Nov 1 - 15, 2020), official season practices (Nov 16, 2020 - Mar 20, 2021) and post season practices (Mar 21 - Mar 31, 2021)

Schedule

All practice times will be on a staggered schedule to allow entry and exit without crossing over groups.

Participants

No more than 25 individuals per court will be allowed including coaches.

Water

No water fountains will be available on site (only bottle fillers). All players will be asked to bring their own, filled water bottles.

Parents/Spectators

No parents/spectators will be allowed in the facilities (except for coaches).

Health Screening

All participants will be required to complete a health screening prior to being allowed to participate. We will utilize [Teamsnap's Health Check](#) to monitor and track all screenings. Participants will be required to stay home if they are sick or feel sick. We will be distributing Minnesota Department of Health's COVID-19 Decision Tree for People in Schools, Youth, and Child Care Programs to use as a guide along with MDH's Home Screening Tool for COVID-19 Symptoms.

Attendance

We have and will continue to utilize [Teamsnap](#) to track attendance. Teamsnap includes an

Availability module that parents and coaches have access to. This information will be made available in the event that a confirmed case of COVID occurs within our players and coaches.

AYBA will follow the “COVID-19 Decision Tree for People in Schools, Youth, and Child Care Programs” when making decisions regarding player participation when it comes to illness.

<https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>

If a child has been asked to isolate or quarantine due to COVID exposure, symptoms or diagnosis, they ARE NOT ALLOWED to attend AYBA practices or tournaments. A child will not be penalized for missing practice or tournaments due to illness or quarantine.

Social Distancing

All participants will be required to maintain at least six (6) feet social distance except when engaging in basketball drills/practice.

Masks

Masks will be required at all times.

Sanitization

All teams will be provided hand sanitizer and disinfectant spray.

Symptoms & Screening Assessment

- More common: fever greater than or equal to 100.4 °F, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell.
- Less common: sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.

Participants will be asked the following questions:

- Do you have temperature of 100.4 °F or higher?
- Do you have a new or worsening cough today?
- Do you have difficulty breathing?
- Do you have new loss of taste or smell?
- Do you have any of these other symptoms?
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - New onset of severe headache
 - New loss of taste or smell
 - Sore throat
 - New onset of congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
 - Chills

If a participant answered “Yes” to having any of the more common symptoms listed, they will not be allowed in the facility. If a participant answered “Yes” to more than one of the less common symptoms, they will not be allowed in the facility.

Participants will also be asked to conduct a screening assessment prior to arriving at the facility.

Communication and Confirmed Cases

- We will keep an accurate log of opponents including opposing coaches contact information. In the case of someone getting infected this document will be necessary for Minnesota Department of Health (MDH) to perform contact tracing.
- For our tournaments, we will provide coaches with contact information for all other coaches in their bracket.
- We will post these guidelines at the facilities, where applicable, and disseminate them to all coaches, officials, players, and parents.
- AYBA will contact the Albany Area Community Education and MDH if any confirmed cases occur within our players or coaches.